



Live here
Live well.

AUGUST 2026

SUN 2	MON 3	TUE 4	WED 5	THU 6	FRI 7	SAT 8
<u>11:00</u> Sunday Worship with Pastor Walton - THR	<u>9:30</u> Pastries - PUB <u>11:00</u> Mind & Body Yoga - FS <u>1:00</u> Cards & Games - GMR <u>2:00</u> Artists at Work - AR <u>4:00</u> High Roller’s Bingo - GR [\$] <u>6:00</u> Cardio Drumming - GR	<u>11:00</u> Fab, Fit, Fun - FS <u>2:00</u> Pool 101 Club - GMR <u>4:00</u> Quarter Bingo - GR [\$] <u>5:00</u> Brown’s Soul Food Truck [\$] <u>6:00</u> Line Dance Class - FC	<u>9:30</u> Breakfast Club - GR *RR*RO <u>11:00</u> Dance / Drumming - FS <u>12:00</u> Latch Hook Class - AR <u>3:00</u> Pokeno - GR [\$] <u>6:00</u> Aqua Fit - PL <u>6:00</u> Bible Study - THR	<u>7:30-10:00</u> Resident Sponsored Special Community Breakfast - GR <u>11:00</u> Core Strength Pilates - FS <u>4:00-5:00</u> Happy Hour Serving - GR <u>5:00-6:00</u> Mix & Mingle Social - GR <u>6:00</u> Artistry Unleashed - AR *RR	<u>9:30</u> Pastries - PUB <u>11:00</u> Low Pressure Fitness - FS <u>1:00</u> Zumba Gold - FS <u>3:30</u> Pre-Game Snack - GR <u>4:00</u> Quarter Bingo - GR [\$]	<u>11:45</u> Aqua Fit - PL <u>3:00</u> LRC Game - GR <u>6:00</u> Movie Night - THR
SUN 9	MON 10	TUE 11	WED 12	THU 13	FRI 14	SAT 15
<u>11:00</u> Sunday Worship with Pastor Walton - THR	<u>9:30</u> Pastries - PUB <u>11:00</u> Mind & Body Yoga - FS <u>1:00</u> Cards & Games - GMR <u>2:00</u> Artists at Work - AR <u>4:00</u> High Roller’s Bingo - GR [\$] <u>6:00</u> Cardio Drumming - GR	<u>11:00</u> Fab, Fit, Fun - FS <u>1:00</u> One-Women Show - THR <u>2:00</u> Pool 101 Club - GMR <u>4:00</u> Quarter Bingo - GR [\$] <u>5:00</u> Katon’s BBQ Food Truck [\$]	<u>9:30</u> Breakfast Club - GR *RR*RO <u>11:00</u> Dance / Drumming - FS <u>12:00</u> Latch Hook Class - AR <u>1:00</u> Cooking Demo Class - GR <u>3:00</u> Pokeno - GR [\$] <u>6:00</u> Aqua Fit - PL <u>6:00</u> Bible Study - THR	<u>11:00</u> Core Strength Pilates - FS <u>4:00-5:00</u> Happy Hour Serving - GR <u>5:00-6:00</u> Mix & Mingle Social - GR <u>6:00</u> Artistry Unleashed - AR *RR	<u>9:30</u> Pastries - PUB <u>11:00</u> Low Pressure Fitness - FS <u>1:00</u> Zumba Gold - FS <u>3:30</u> Pre-Game Snack - GR <u>4:00</u> Quarter Bingo - GR [\$]	<u>11:45</u> Aqua Fit - PL <u>6:00</u> Movie Night - THR
SUN 16	MON 17	TUE 18	WED 19	THU 20	FRI 21	SAT 22
<u>11:00</u> Sunday Worship with Pastor Walton - THR	<u>9:30</u> Pastries - PUB <u>11:00</u> Mind & Body Yoga - FS <u>1:00</u> Cards & Games - GMR <u>2:00</u> Artists at Work - AR <u>4:00</u> High Roller’s Bingo - GR [\$] <u>6:00</u> Cardio Drumming - GR	<u>11:00</u> Fab, Fit, Fun - FS <u>2:00</u> Pool 101 Club - GMR <u>4:00</u> Quarter Bingo - GR [\$] <u>5:00</u> Brown’s Soul Food Truck [\$] <u>6:00</u> Line Dance Class - FC <u>6:00</u> Paint & Sip - GR *RR	<u>9:30</u> Breakfast Club - GR *RR*RO <u>11:00</u> Dance / Drumming - FS <u>12:00</u> Latch Hook Class - AR <u>3:00</u> Pokeno - GR [\$] <u>6:00</u> Aqua Fit - PL <u>6:00</u> Bible Study - THR	<u>11:00</u> Core Strength Pilates - FS <u>4:00-5:00</u> Happy Hour Serving - GR <u>5:00-6:00</u> Mix & Mingle Social - GR <u>6:00</u> Artistry Unleashed - AR *RR	<u>9:30</u> Pastries - PUB <u>11:00</u> Low Pressure Fitness - FS <u>1:00</u> Zumba Gold - FS <u>3:30</u> Pre-Game Snack - GR <u>4:00</u> Quarter Bingo - GR [\$]	<u>11:45</u> Aqua Fit - PL <u>3:00</u> LRC Game - GR <u>6:00</u> Movie Night - THR
SUN 23	MON 24	TUE 25	WED 26	THU 27	FRI 28	SAT 29
<u>11:00</u> Sunday Worship with Pastor Walton - THR	<u>9:30</u> Pastries - PUB <u>11:00</u> Mind & Body Yoga - FS <u>1:00</u> Cards & Games - GMR <u>2:00</u> Artists at Work - AR <u>4:00</u> High Roller’s Bingo - GR [\$] <u>6:00</u> Cardio Drumming - GR	<u>11:00</u> Fab, Fit, Fun - FS <u>4:00</u> Quarter Bingo - GR [\$] <u>2:00</u> Pool 101 Club - GMR <u>5:00</u> Katon’s BBQ Food Truck [\$] <u>6:00</u> Book Club - THR	<u>9:30</u> Breakfast Club - GR *RR*RO <u>11:00</u> Dance / Drumming - FS <u>12:00</u> Latch Hook Class - AR <u>3:00</u> Pokeno - GR [\$] <u>6:00</u> Aqua Fit - PL <u>6:00</u> Bible Study - THR	<u>11:00</u> Core Strength Pilates - FS <u>4:00-5:00</u> Happy Hour Serving - GR <u>5:00-6:00</u> Mix & Mingle Social - GR <u>6:00</u> Artistry Unleashed - AR *RR	<u>9:30</u> Pastries - PUB <u>11:00</u> Low Pressure Fitness - FS <u>1:00</u> Zumba Gold - FS <u>3:30</u> Pre-Game Snack - GR <u>4:00</u> Quarter Bingo - GR [\$]	<u>11:45</u> Aqua Fit - PL <u>6:00</u> Movie Night - THR
SUN 30	MON 31	RESIDENT LED TEAM LED VENDOR LED FITNESS CLASSES	AR • ACTIVITIES ROOM FS • FITNESS STUDIO GMR • GAME ROOM GAR • GARDEN GR • GREAT ROOM PL • POOL THR • THEATRE ROOM	*RR • REGISTRATION REQUIRED *RO • RESIDENTS ONLY *FF • FAMILY FRIENDLY [\$] • COST FOR EVENT	GARDEN CLUB MEET-UPS TUESDAYS 8AM & 5:30PM GARDEN BOXES	WEIGHT WATCHERS WORKSHOPS TUESDAYS 9:30AM & 5:30PM ACTIVITIES ROOM



August

CULTURAL & GLOBAL OBSERVANCES

- AUGUST 9 - INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES:** HONORING INDIGENOUS COMMUNITIES WORLDWIDE.
- AUGUST 12 - INTERNATIONAL YOUTH DAY:** HIGHLIGHTING THE ROLE OF YOUNG PEOPLE.
- AUGUST 19 - WORLD HUMANITARIAN DAY:** RECOGNIZING HUMANITARIAN AID WORKERS.
- AUGUST 26 - WOMEN'S EQUALITY DAY:** COMMEMORATING THE 1920 ADOPTION OF THE NINETEENTH AMENDMENT.
- BLACK BUSINESS MONTH:** ACKNOWLEDGING THE ACHIEVEMENTS AND HISTORY OF BLACK-OWNED ENTERPRISES.
- NATIONAL WELLNESS MONTH:** FOCUSING ON SELF-CARE, HEALTH HABITS, AND PERSONAL WELL-BEING.

Live here
Live well.

See our lifestyle for yourself!





August Birthdays

08/01

B, DEBORAH

08/01

K, KATHRYN

08/02

M, LISA

08/03

Z, LINA

08/05

H, LOVITA

08/06

D, ARUN

08/06

H, HAROLD

08/06

M, JEAN

08/07

W, CLARENCE

08/08

G, KAYREEN

08/09

J, GREGORY

08/12

D, SHIRLEY

08/12

L, VERA

08/12

M, SALAHUDEN

08/15

T, FELESHIA

08/16

H-B, MINNIE

08/17

N, THI MINH THU

08/18

C, JOHN

08/20

J, KENGI

08/21

F, JULIEANN

08/21

V, SHIRLEY

08/21

W, GREGORY

08/23

Y, NATHANIEL

08/23

Y, WILLIE

08/26

O, KATHRYN

08/26

R, FELICIA

08/26

S, ABEER

08/27

D, BARBARA

08/28

H, WANDA

08/29

W, HELEN

08/30

C, SUZY

08/31

H, BRENDA



CONTACT US

OFFICE HOURS

MON-FRI

9AM - 6PM

SAT

10AM - 5PM

SUN

CLOSED

PHONE

713.436.7000

EMAIL

info@larkspurshadowcreek.com

GREYSTAR™

 55+