



Live here
Live well.



JULY 2026

- RESIDENT LED
- TEAM LED
- VENDOR LED
- FITNESS CLASSES

AR • ACTIVITIES ROOM
FS • FITNESS STUDIO
GMR • GAME ROOM
GAR • GARDEN
GR • GREAT ROOM
PL • POOL
THR • THEATRE ROOM

*RR • REGISTRATION REQUIRED
*RO • RESIDENTS ONLY
*FF • FAMILY FRIENDLY
[\$] • COST FOR EVENT

WED 1

9:30 Breakfast Club - GR *RR*RO
11:00 Dance / Drumming - FS
12:00 Latch Hook Class - AR
3:00 Pokeno - GR [\$]
6:00 Aqua Fit - PL
6:00 Bible Study - THR

THU 2

11:00 Core Strength Pilates - FS
3:30 Pre-Game Snack - GR
4:00 Quarter Bingo - GR [\$]
5:30 Artistry Unleashed - AR *RR
6:00 Line Dance Class - FC

FRI 3

9:30 Pastries - PUB
11:00 Low Pressure Fitness - FS
★ PRE-4TH OF JULY CELEBRATION
4:00-5:00 Happy Hour Serving - GR
5:00-6:00 Mix & Mingle Social - GR

OFFICE CLOSE

SAT 4



SUN 5

11:00 Sunday Worship with
Pastor Walton - THR

MON 6

9:30 Pastries - PUB
11:00 Mind & Body Yoga - FS
1:00 Cards & Games - GMR
2:00 Artists at Work - AR
4:00 High Roller's Bingo - GR [\$]
6:00 Cardio Drumming - GR

TUE 7

8:00 AM Garden Club - GAR
11:00 Fab, Fit, Fun - FS
2:00 Pool 101 Club - GMR
4:00 Quarter Bingo - GR [\$]
5:00 PM Garden Club - GAR
5:00 Brown's Soul Food Truck [\$]
6:00 Line Dance Class - FC

WED 8

9:30 Breakfast Club - GR *RR*RO
11:00 Dance / Drumming - FS
12:00 Latch Hook Class - AR
1:00 Cooking Demo Class - GR
3:00 Pokeno - GR [\$]
6:00 Aqua Fit - PL
6:00 Bible Study - THR

THU 9

11:00 Core Strength Pilates - FS
1:00 Humana Workshop - THR
4:00-5:00 Happy Hour Serving - GR
5:00-6:00 Mix & Mingle Social - GR
6:00 Artistry Unleashed - AR *RR

FRI 10

9:30 Pastries - PUB
11:00 Low Pressure Fitness - FS
1:00 Zumba Gold - FS
3:30 Pre-Game Snack - GR
4:00 Quarter Bingo - GR [\$]

SAT 11

11:45 Aqua Fit - PL
6:00 Movie Night - THR

SUN 12

11:00 Sunday Worship with
Pastor Walton - THR

MON 13

9:30 Pastries - PUB
11:00 Mind & Body Yoga - FS
1:00 Cards & Games - GMR
2:00 Artists at Work - AR
4:00 High Roller's Bingo - GR [\$]
6:00 Cardio Drumming - GR

TUE 14

8:00 AM Garden Club - GAR
11:00 Fab, Fit, Fun - FS
2:00 Pool 101 Club - GMR
4:00 Quarter Bingo - GR [\$]
5:00 PM Garden Club - GAR
5:00 Katon's BBQ Food Truck [\$]

WED 15

9:30 Breakfast Club - GR *RR*RO
11:00 Dance / Drumming - FS
12:00 Latch Hook Class - AR
3:00 Pokeno - GR [\$]
6:00 Aqua Fit - PL
6:00 Bible Study - THR

THU 16

11:00 Core Strength Pilates - FS
4:00-5:00 Happy Hour Serving - GR
5:00-6:00 Mix & Mingle Social - GR
6:00 Artistry Unleashed - AR *RR

FRI 17

9:30 Pastries - PUB
11:00 Low Pressure Fitness - FS
1:00 Zumba Gold - FS
3:30 Pre-Game Snack - GR
4:00 Quarter Bingo - GR [\$]

SAT 18

11:45 Aqua Fit - PL
3:00 LRC Game - GR
6:00 Movie Night - THR

SUN 19

11:00 Sunday Worship with
Pastor Walton - THR

MON 20

9:30 Pastries - PUB
11:00 Mind & Body Yoga - FS
1:00 Cards & Games - GMR
2:00 Artists at Work - AR
4:00 High Roller's Bingo - GR [\$]
6:00 Cardio Drumming - GR

TUE 21

8:00 AM Garden Club - GAR
11:00 Fab, Fit, Fun - FS
2:00 Pool 101 Club - GMR
4:00 Quarter Bingo - GR [\$]
5:00 PM Garden Club - GAR
5:00 Brown's Soul Food Truck [\$]
6:00 Line Dance Class - FC

WED 22

9:30 Breakfast Club - GR *RR*RO
11:00 Dance / Drumming - FS
12:00 Latch Hook Class - AR
3:00 Pokeno - GR [\$]
6:00 Aqua Fit - PL
6:00 Bible Study - THR

THU 23

11:00 Core Strength Pilates - FS
12:00 Fyzical Workshop - FS
4:00-5:00 Happy Hour Serving - GR
5:00-6:00 Mix & Mingle Social - GR

FRI 24

9:30 Pastries - PUB
11:00 Low Pressure Fitness - FS
1:00 Zumba Gold - FS
3:30 Pre-Game Snack - GR
4:00 Quarter Bingo - GR [\$]
5:00 Wine Tasting Class - GR

SAT 25

10:00-1:00 XMAS IN JULY
MARKET DAY - RR* FF*
11:45 Aqua Fit - PL
6:00 Movie Night - THR



SUN 26

11:00 Sunday Worship with
Pastor Walton - THR

MON 27

9:30 Pastries - PUB
11:00 Mind & Body Yoga - FS
1:00 Cards & Games - GMR
2:00 Artists at Work - AR
4:00 High Roller's Bingo - GR [\$]
6:00 Cardio Drumming - GR

TUE 28

8:00 AM Garden Club - GAR
11:00 Fab, Fit, Fun - FS
4:00 Quarter Bingo - GR [\$]
2:00 Pool 101 Club - GMR
5:00 PM Garden Club - GAR
5:00 Katon's BBQ Food Truck [\$]
6:00 Book Club - THR

WED 29

9:30 Breakfast Club - GR *RR*RO
11:00 Dance / Drumming - FS
12:00 Latch Hook Class - AR
3:00 Pokeno - GR [\$]
6:00 Aqua Fit - PL
6:00 Bible Study - THR

THU 30

11:00 Core Strength Pilates - FS
4:00-6:00 July BDays Celebration
+ Entertainment - GR
5:00-6:00 Happy Hour Serving - GR
6:00 Artistry Unleashed - AR *RR

FRI 31

9:30 Pastries - PUB
11:00 Low Pressure Fitness - FS
1:00 Zumba Gold - FS
3:30 Pre-Game Snack - GR
4:00 Quarter Bingo - GR [\$]

WEIGHT WATCHERS
WORKSHOPS

TUESDAYS
9:30AM & 5:30PM
ACTIVITIES ROOM



NEWSLETTER, HIGHLIGHTS

JULY 2026

Summer is in full swing, and there's no better time to enjoy everything our community has to offer. From social gatherings and fitness classes to exciting activities and special events, there's something for everyone to enjoy. As we celebrate Independence Day, we also take a moment to appreciate the freedoms we share and the wonderful sense of community we've built together. We hope you'll join us throughout the month, meet someone new, try a new activity, and continue embracing the vibrant lifestyle that makes our community feel like home.

FOOD TRUCK TUESDAYS • 5-7PM

- No more wondering “is the Food Truck coming today???” The answer is YES!
- Brown’s Soul Food Truck & Katon’s Kitchen BBQ Food Truck** will be alternating Tuesdays

LINE DANCING CLASS • NOW ON TUESDAY’S

- Line Dancing class led by Ms. Virginia will now take place on the **1st & 3rd Tuesday** of the month. Same time (6pm), same location (Fitness Studio)

BREAKFAST CLUB • WEDNESDAY’S (9:30 - 10AM)

- Reminder, **Registration is Required**. Available in the Activites Binder at the front desk.
- Please see attached document for important additional information

HAPPY HOUR MIX & MINGLE SOCIALS • NOW ON THURSDAY’S

- Starting Thursday, July 9th our weekly ***Happy Hour Mix & Mingle Social*** events will now be on Thursday’s
- Please see attached document for important additional information

THURDAY’S QUARTER QUEST BINGO • NOW ON FRIDAYS!

- Thursday’s Quarter Quest Bingo will now be on **FRIDAYS!** Same time & location

ARTISTRY UNLEASHED CLASS • NOW 6-7PM, REGISTRATION REQUIRED

- Advance registration** is now required to attend this class due to **limited space**. Registration is available on a first-come, first-served basis.

WINE TASTING CLASS • FRIDAY, JULY 24

- Starting this month Wine Tasting Class will now be on the 4th Friday of every other month

XMAS IN JULY MARKET DAY • SATURDAY, JULY 25 (10AM - 1PM)

- Vendor Spots Available – Registration Now Open!

July Birthdays

07/01 L, YESSICA 
07/04 W, CLARK
07/06 W, JANICE
07/08 J, ANTHONY
07/09 T, FALARRIA
07/10 W, LURLENE
07/11 A, CHANDRA
07/12 C, SHIRLEY
07/14 W, CARRIE
07/15 B, JEFFERY
07/15 P, DONNA
07/16 W, ZENA

07/17 W, KATIE
07/18 A, BOOKER
07/18 N, KAREN
07/19 D, SHARON
07/20 M. T, NGUYEN
07/22 G, DEBRA
07/22 M, YOLANDA
07/23 D, TONAI
07/24 T, DELORES
07/25 S, BILL
07/30 R, JIMMIE



JULY OBSERVANCES

- NAT’L PARKS & RECREATION MONTH
- NAT’L ANTI-BOREDOM MONTH
- NAT’L PEACH MONTH
- NAT’L ICE CREAM MONTH
- NAT’L HOT DOG MONTH
- NAT’L WATERMELON MONTH
- NAT’L BLUEBERRY MONTH
- UV SAFETY AWARENESS MONTH

JULY 02 WORLD UFO DAY
JULY 03 INT’L PLASTIC BAG FREE DAY
JULY 04 U.S. INDEPENDENCE DAY
JULY 07 WORLD CHOCOLATE DAY
JULY 14 NAT’L MAC & CHEESE DAY
JULY 15 NAT’L GIVE SOMETHING AWAY DAY
JULY 16 NAT’L HOT DOG DAY
JULY 18 NELSON MANDELA INT’L DAY
JULY 19 NAT’L ICE CREAM DAY
JULY 20 INT’L CHESS DAY
JULY 24 INT’L SELF-CARE DAY
JULY 26 AUNT AND UNCLE DAY
JULY 28 WORLD NATURE CONSERVATION DAY
JULY 29 INT’L TIGER DAY
JULY 30 INT’L DAY OF FRIENDSHIP
JULY 31 NAT’L AVOCADO DAY

CONTACT US

OFFICE HOURS

MON-FRI | 9AM - 6PM
SAT | 10AM - 5PM
SUN | CLOSED

PHONE

713.436.7000

EMAIL

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Live here
Live well.

See our
lifestyle
for yourself!



GREYSTAR™



55+