	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
023	Room Legend AR: Art Room FC: Fitness Center THTR: Theater GMR: Game Room GR: Great Room	Pastries: Mon & Fri 9:00am Hot Breakfast: Wednesday 9:30am *RR	Weight Watchers Meeting: Tuesdays 9:00am & 5:30pm Art Room *RR: Registration Required sign up at front desk or call the concierge *FFE: Family Friendly Event (\$): Cost for Event			1 11:00 Strength & Stretch- FC 5:30-6:30 Fresh Faces: New Resident Happy Hour Food & Drinks- GR 5:30-7:30 Entertainment by DJ Silverfox- GR	2 9:00 "Hour of Power": Morning Prayer- THTR 11:45 Strength Training- FC 6:00 Resident-led Movie Night- THTR
DECEMBER	3 11:00-12:00 Sunday Worship with Pastor Walton- THTR	4 11:00-2:00 Mobile Pet Spa-*RR (\$) 11:00 Mind & Body Yoga-FC 1:00 Larkspur Bridge Club-GMR 4:45 Resident Line Dancing-GR 6:00 Cardio Drumming-GR	10:00 Resident Portal Assistance with Yessica- DR 11:00 Fab, Fit, & Fun- FC 4:00 Lucky Duck Bingo- GR (\$) 6:00 Joy in a Box: Make Care Packages for the Less Fortunate-GR	6 11:00 Cardio Dance- FC 11:00-4:00 A Little Day Music & Lunch Downtown- Trip (\$) *RR 12:00 Latch Hook- GR 1:00 Larkspur Bridge Club- GMR 3:00 Pokeno- GR (\$) 5:00 Sole Mates Walking Group- GR 6:00 Fresh Impact Church Bible Study- THTR	11:00 Core Strength Pilates- FC 1:00 Pinochle- GMR 3:00 B4 Bingo Snack: Hot Chocolate Bar- GR 4:00 Lucky Duck Bingo- GR (\$) 5:00 Surviving Spouse Support-THTR 6:00 Artistry Unleashed with Valerie- AR	8 11:00 Strength & Stretch-FC 5:30-6:30 Sip, Celebrate, Repeat: December Birthday Happy Hour food & drinks- GR 5:30-7:30 DJ Mikey Mike -GR	9:00 "Hour of Power": Morning Prayer- THTR 11:45 Strength Training- FC 12:00-5:00 Shop, Sip, & Mingle: Larkspur Holiday Bazaar- GR *FFE 6:00 Resident-led Movie Night- THTR
	10 11:00-12:00 Sunday Worship with Pastor Walton- THTR	11:00 Mind & Body Yoga- FC 12:00 King's Bingo Hall- Carpool Trip (\$) *RR *FFE 1:00 Larkspur Bridge Club- GMR 4:45 Resident Line Dancing- GR 6:00 Cardio Drumming- GR	12 10:00 Resident Portal Assistance with Yessica- DR 11:00 Fab, Fit, & Fun- FC 1:00 Thank You, Veterans- GR 4:00 Lucky Duck Bingo- GR (\$) 6:00 Mistletoe Masterpieces: Paint N' Sip- GR *RR	13 11:00 Cardio Drumming- FC 12:00 Latch Hook- GR 1:00 In The Kitchen with Chef Shonah- GR 1:00 Larkspur Bridge Club- GMR 3:00 Pokeno- GR (\$) 5:00 Sole Mates Walking Group- GR 6:00 Fresh Impact Church Bible Study- THTR	14 10:00 Coffee Chat w/ Kat- DR *RR 11:00 Core Strength Pilates- FC 12:30 Men's Group Luncheon- GR *RR 1:00 Pinochle- GMR 3:00 B4 Bingo Snack: Mini Waffle Bar-GR 4:00 Lucky Duck Bingo- GR (\$) 6:00 Creative Art Series with Valerie-AR	15 11:00 Strength & Stretch-FC 5:30-6:30 Jingle & Mingle: Holiday Happy Hour food & drinks-GR 5:30-7:30 Singer: SheVon Jacob-GR	16 9:00 "Hour of Power": Morning Prayer- THTR 11:45 Strength Training- FC 6:00 Resident-led Movie Night- THTR
	17 11:00-12:00 Sunday Worship with Pastor Walton- THTR	18 11:00 Mind & Body Yoga- FC 1:00 Larkspur Bridge Club- GMR 4:45 Resident Line Dancing- GR 6:00 Cardio Drumming- GR	19 10:00 Resident Portal Assistance with Yessica- DR 11:00 Fab, Fit, & Fun- FC 4:00 Lucky Duck Bingo- GR (\$) 6:00 Wrappin' & Relaxin': Gift Wrapping Get-Together - GR	20 11:00 Cardio Dance- FC 12:00 Latch Hook- GR 1:00 Larkspur Bridge Club- GMR 3:00 Pokeno-GR (\$) 5:00 Sole Mates Walking Group-GR 6:00 Fresh Impact Church Bible Study- THTR 6:00 Reviving of Authentic Chinese Culture - GR *FFE	21 11:00 Core Strength Pilates-FC 1:00 Pinochle- GMR 3:00 B4 Bingo Snack: Yogurt Parfaits- GR 4:00 Lucky Duck Bingo- GR (\$) 6:00 Artistry Unleashed with Valerie- AR	11:00 Strength & Stretch- FC 5:30-6:30 Happy Hour food & drinks- GR 6:30-7:30 Family Feud: Holiday Edition- GR	9:00 "Hour of Power": Morning Prayer- THTR 11:45 Strength Training- FC 6:00 Resident-led Movie Night- THTR
Larkspur At Shadow Creek Embrace Active Living	24 Office Closed, 11:00-12:00 Sunday Worship with Pastor Walton- THTR Sunday Worship with Pastor Walton- THTR 31 Office Closed,	25 Office Closed **MERRY** CHRISTMAS	26 10:00 Resident Portal Assistance with Yessica- DR 11:00 Fab, Fit, & Fun- FC 4:00 Lucky Duck Bingo- GR (\$) 6:00 Femme Film Fiesta: Magic Mike- THTR	11:00 Cardio Drumming- FC 12:00 Latch Hook- GR 1:00 Larkspur Bridge Club- GMR 3:00 Pokeno- GR (\$) 5:00 Sole Mates Walking Group- GR 6:00 Fresh Impact Church Bible Study- THTR	11:00 Core Strength Pilates-FC 1:00 Pinochle-GMR 3:00 B4 Bingo Snack: Fresh Fruit-GR 4:00 Lucky Duck Bingo-GR (\$) 6:00 Artistry Unleashed with Valerie-AR	29 11:00 Strength & Stretch- FC 5:30-6:30 A Toast to Tomorrow: NYE Happy Hour food and drinks- GR 5:30-7:30 Karaoke w/ We Are Family- GR	9:00 "Hour of Power": Morning Prayer- THTR 11:45 Strength Training- FC 6:00 Resident-led Movie Night- THTR

Larkspur Lowdown



December 5th at 6:00 we will come together to make care packages for the less fortunate. Bring your giving spirit and let's help make someone's day a lot brighter.



Our monthly trip for December will be to A Little Day Music at the Wortham Theater. This is a free performance and will be followed by a nice lunch down town.



Our annual Larkspur Holiday Bazaar will be held on Saturday, December 9th from 12pm-5pm. Make sure to set aside some time that day to shop the dozens of vendors that will be here with tons of gifts for everyone in the family.



December 12th will be our monthly Paint and Sip with Marta at 6pm in the Great Room. Make sure to sign up for this event at the front desk to ensure enough supplies for everyone.



Our Jingle & Mingle Happy Hour will be held on December 19th. We encourage you to wear your ugly sweaters, Santa hats, and best holiday attire. SheVon Jacob will serenade us with her holiday mix of music.



Bring all of those Christmas gifts down to the Great Room on Tuesday, December 19th for our Wrappin' and Relaxin' Gift Wrap Get Together!

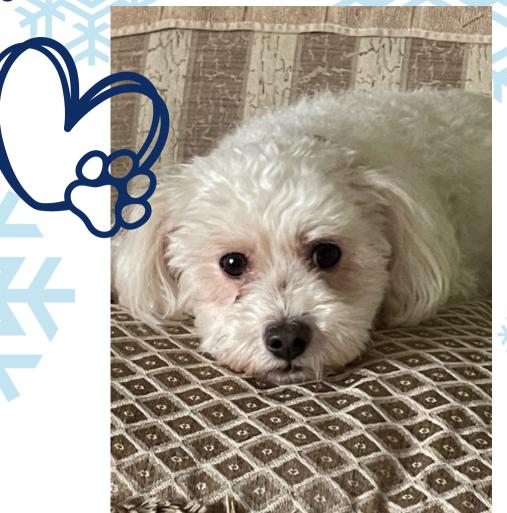


The business office will be closed on December 25th so that staff can spend the holiday with their families. Please call the front desk for emergency maintenance.



LADIES!!! December 26th is our first Femme Film Fiesta. We'll pop some popcorn and a bottle of wine (or 2 or 3) and watch Magic Mike.





December's Pet of the Month is Paddington!

Paddington is the sweetest, softest, little fur ball of love. His ability to tell time is remarkable! He knows what time to wake up, go to work, take a break, and of course he knows dinner time. His keen sense to make sure his Mami remembers to breathe is one of the reasons he is carried everywhere. Paddy is an old soul and reminds us that love is all that really matters in life.



If you'd like your pet featured as pet of the month, please submit a picture of your pet with their name and what you think we should know about them, to marta.henry@greystar.com.